

Diabetes in Pregnancy UK Conference 2019



Promoting Longer Term Health
21 November 2019, Bristol Ashton Gate

DIABETES UK
KNOW DIABETES. FIGHT DIABETES.

Programme

08.00 **Registration and coffee**

09.00 **Welcome and introduction**

Pete Shorrick, Head of Midlands & East of England, Diabetes UK
Isy Douek – Taunton & Natasha Thorogood – Bristol

Session 1

09.15 **National Diabetes in Pregnancy QIP Collaborative update. National Diabetes in Pregnancy Audit.**

Michael Sykes, NIHR Doctoral Research Fellow, Institute of Health and Society, Newcastle University, Dr Nick Lewis-Barned, Consultant Diabetologist, Northumbria Healthcare NHS Foundation Trust

10.00 **How to prepare for pregnancy after bariatric surgery**

Dr Isy Douek, Consultant Diabetologist, Taunton and Somerset NHS Foundation Trust.

10.30 **NHS England Diabetes in Pregnancy update**

Prof Jonathan Valabhji, Consultant Diabetologist at St Mary's Hospital, Imperial College Healthcare NHS Trust in West London, National Clinical Director for Obesity and Diabetes at NHS England

11.00 **Diagnosing and treating Monogenic Diabetes in Pregnancy**

Professor Andrew Hattersley FRCP FMedSci FRS, Gillings Chair of Precision Medicine, Professor of Molecular Medicine & Consultant Physician, University of Exeter Medical School

11.30 **Tea, coffee and networking**

Session 2

12.00 **Exercise in Pregnancy**

Dr Natasha Hezelgrave, NIHR Doctoral Research Fellow, Biomedical Research Centre, Guy's and St Thomas' NHS Foundation Trust and King's College London

12.30 **What can continuous glucose monitoring (CGMS & FSL) in pregnancy do for us and what it cannot.**

Professor Helen Murphy, Professor of Medicine – Diabetes and Antenatal Care – at the University of East Anglia and Professor of Women's Health at Kings College London

Professor Eleanor Scott, Professor of Diabetes and Maternal Health, Leeds Institute of Cardiovascular and Metabolic Medicine, Leeds University and Leeds Teaching Hospitals NHS Trust

12.45 **Lunch, posters and networking**

Session 3

14.10 **Oral presentations** three presentations, 10 minutes each

14.40 **Association of Gestational Diabetes with Maternal Disorders of Glucose Metabolism and Childhood Adiposity – HAPO Follow Up Study**

Mr Michael Maresh, MD, FRCOG, Mary's Hospital, Manchester University Hospitals NHS Foundation Trust, Manchester Academic Health Sciences Centre, Manchester, England

15.10 **Macrosomia in patients with diabetes – is this always sugar's fault?**
Dr Rachel Freathy, Sir Henry Dale Fellow, College of Medicine and Health,
University of Exeter Medical School

15.40 **Tea, coffee and networking**

Session 4

16.00 **Papers that have changed my practice in pregnancy**
Dr Jonathan Webber, Consultant Diabetologist, University Hospitals Birmingham
NHS Foundation Trust

16.30 **Meeting close**
Pete Shorrick, Head of Midlands and East of England, Diabetes UK;
Isy Douek – Taunton & Natasha Thorogood – Bristol

Call for abstracts

Abstract submissions are invited in the area of:

- Clinical case presentations
- Innovative practice
- Audit
- Research.

Abstracts – maximum of 250 words – should include names of authors – presenting author underlined – institution where work was undertaken, and a contact. Abstracts from all the healthcare disciplines are invited. Three abstracts will be selected for oral communication. Please indicate if poster presentation is preferred.

Awards will be given for the three best abstracts.

Closing date for abstracts: Friday 1st November 2019

Please submit all abstracts to saima.younas@diabetes.org.uk

Registration

Registration fees – including VAT

Midwives and nurses, dietitians, students, junior doctors: **£75**

Consultant, GP's, speciality registrars, associate specialists: **£95**

Conference day: **£105**

Accredited by the Royal College of Physicians.

Please register by visiting the conference website: <https://eu.eventscld.com/ndipcuk>

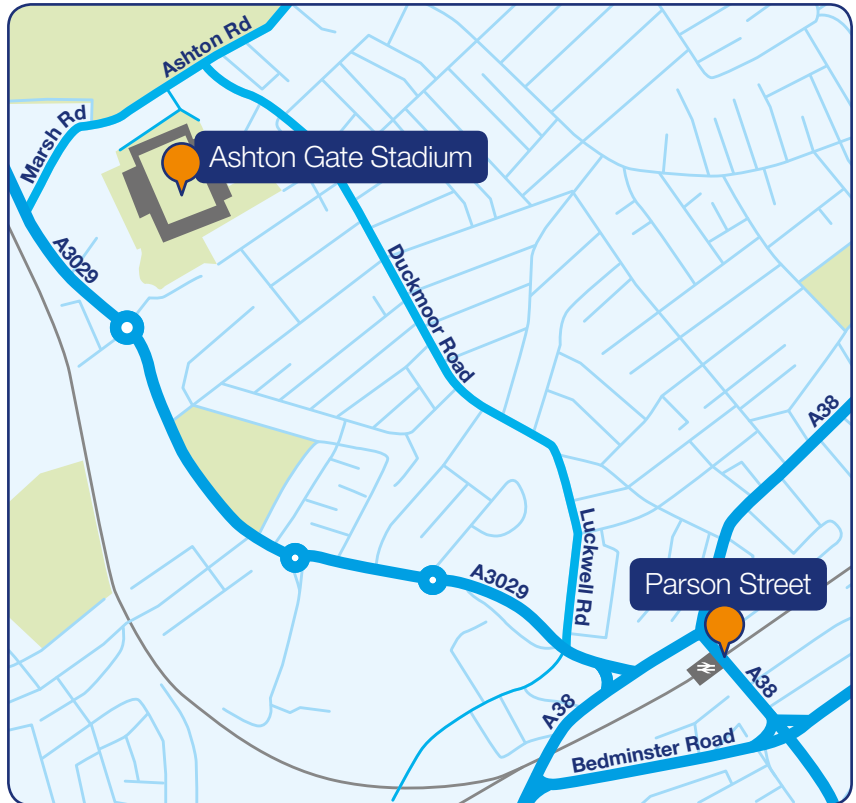
Closing date for registration: Friday 15th November 2019

How to get there

Ashton Gate Stadium

Ashton Road
Bristol
BS3 2EJ

01179 630680



Travel information

www.ashtongatestadium.co.uk/getting-here/

Trains to Ashton Gate

The closest station to Ashton Gate is Parson Street, a 10–15 minute walk from the stadium. Parson Street is accessible from mainline stations including Bristol Temp Meads, Bristol Parkway and Weston Super Mare. For more information visit Great Western Rail website or call 0345 7000 125

Taxis can be ordered

V Cars
01179 2526 26

Car Parking

Winterstoke Car Park
BS3 2LQ

200 car parking spaces available on site, which are £5 per car available on first come first basis.

Hotels nearby

The Bristol Harbourside

www.doylecollection.com/hotels/the-bristol-hotel

Mercure Bristol Grand Hotel

www.accorhotels.com/gb/city/hotels-bristol

Travelodge

www.travelodge.co.uk/

Holiday Inn – Bristol City Centre

www.ihg.com/holidayinn/hotels/gb/en/bristol/brscc/hoteldetail

Radisson Blu Hotel

<https://www.radissonblu.com/en/hotel-bristol>

Hotel Ibis

<https://www.accorhotels.com/gb/hotel-5547-ibis-bristol-centre>

Acknowledgements

Diabetes in pregnancy organising committee

Chair and host

Dr Isy Douek and Dr Natasha Thorogood, Bristol

Peter Shorrick Midlands and East of England Regional Head, Diabetes UK

Saima Younas and Gursharan Kaur, Diabetes UK

Professor P Saravanan, Warwickshire

Professor Helen Murphy, Norwich

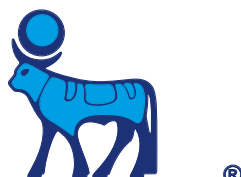
Dr Paru King, Derby

Dr Nick Lewis- Barned, Northumbria

Dr Sarah Finer, London


Dr Mike Maresh, Manchester

Dr Ruth Bell, Newcastle



Conference kindly supported by **novo nordisk**[®]

Get in touch

 0345 123 2399*

 info@diabetes.org.uk

 @DiabetesUK

 www.diabetes.org.uk

 www.facebook.com/diabetesuk

*Monday to Friday, 9am to 6pm. The cost of calling 0345 numbers can vary according to the provider. Calls may be recorded for quality and training purposes.