

November 2019

In Alliance

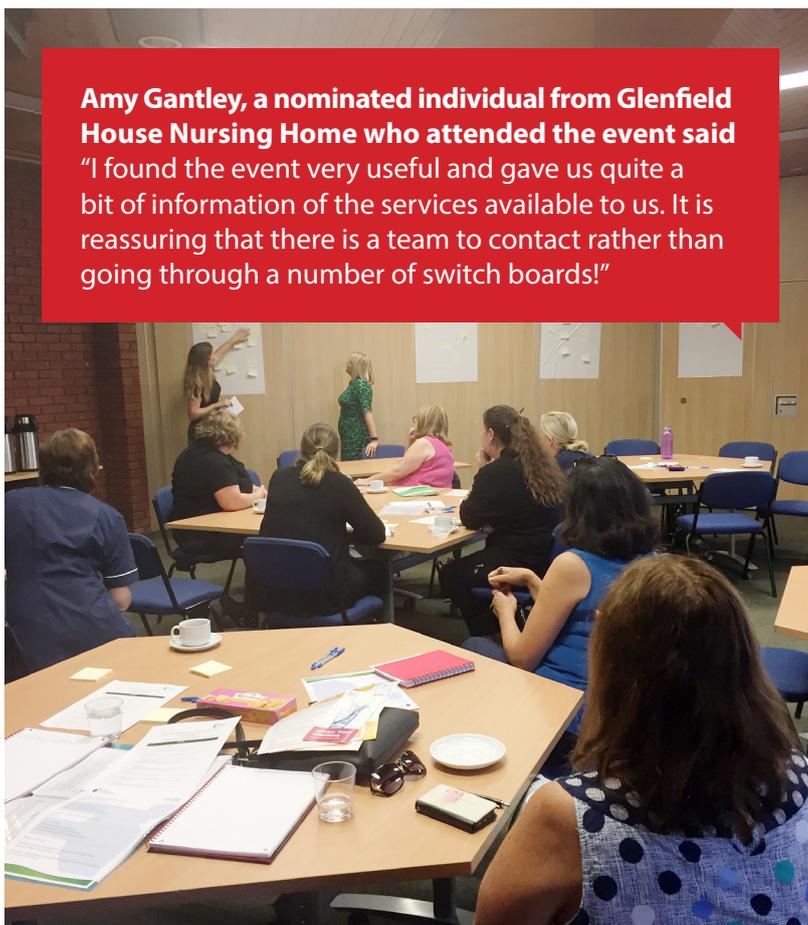


**Worcestershire
Integrated Care
Partnership**

Welcome to the November 2019 edition of 'In Alliance', a newsletter about the work and activity of the three Worcestershire Alliance Boards (Redditch and Bromsgrove, South Worcestershire and Wyre Forest).

The goal of the Alliance Boards is to remove boundaries at the point that care is delivered, to create a system where patient interests come first, and resources are collectively focused on improving health outcomes, supporting people to stay well and to live independently for as long as they wish. Via the Alliance, providers work together to deliver new models of care that is focused on local people and located in natural neighbourhoods.

The work of the Alliance Boards is achieved through Neighbourhood Teams, of which there are 14 across the county. Neighbourhood Teams bring together a team of professionals who provide care and support to the registered population of a group of GP practices.



Care Home Engagement Event – Redditch

The first Redditch Care Home Engagement Event took place at the Redditch Town Hall in September. The event, which brought together care home staff, GP's surgeries and the Neighbourhood Team, focused on the priorities of the Neighbourhood Teams and closer working relationships.

Presentations on the day included an update on Frailty from Jenny Garside, Clinical Services Improvement Lead Frailty, for Worcestershire Acute Trust, as well as an update from Sam Skilbeck from the ReSPECT Project Team. Following the event, care homes have been encouraged to complete Rockwood Scores for their residents thus helping to identify patients that are more likely to have prolonged hospital stays, to target intervention to prevent complications and facilitate effective discharge planning.

A group discussion took place around the challenges facing care homes and what opportunities there may be for joint working with Neighbourhood Teams in the future. An action plan will be developed as a result of the feedback received and shared with the wider Neighbourhood Team.

A second care home event is planned for the new year.



Staying Well Family Event

In August, the Droitwich and Ombersley Neighbourhood Team (D&O NT) joined partner organisations to take part in a Family fun day in Westlands, Droitwich.

The fun day has been organised by Fortis for a number of years, but this year Health and Social care services were invited along. The D&O NT team steering group agreed that this would be a great opportunity to share important health and social care messages to keep families healthy and at home.

The day was a great success with over 300 people attending, healthy activity attractions included a climbing tower and bike juicer, where the participant picked the fruit they would like to be turned into a smoothie. Willing participants had to jump on the bike and peddle to watch as the fruit was blended into a delicious smoothie.

Families were invited to sign up for the passport stamping initiatives, whereby they were asked to visit a variety of stools which offered advice and guidance on things such as brushing teeth, bathing the baby, choosing your service wisely, promoting helplines and the Handi App. On completion of getting all the stamps in the passport the families were given a choice of freebies including water bottles, pens and stress balls.

ReSPECT

ReSPECT launched in Worcestershire in September. It is a process that creates personalised recommendations for a person's clinical care in a future emergency in which they are unable to make or express choices. It provides health and care professionals responding to that emergency with a summary of recommendations to help them to make immediate decisions about that person's care and treatment. ReSPECT can be complementary to a wider process of advance/anticipatory care planning.

The plan is created through conversations between a person and their health professionals. The plan is recorded on a form and includes their personal priorities for care and agreed clinical recommendations about care and treatment that could help to achieve the outcome that they would want, that would not help, or that they would not want.

ReSPECT can be for anyone, but will have increasing relevance for people who have complex health needs, people who are likely to be nearing the end of their lives, and people who are at risk of sudden deterioration or cardiac arrest. Some people will want to record their care and treatment preferences for other reasons.

For anyone wishing to speak to a member from the ReSPECT Project Team with any good news stories, concerns or operational issues with ReSPECT, please contact the team through the Worcestershire [ReSPECT webpage](#) and if any family, patients or residents want more information, there is a useful section on the [national ReSPECT website](#).

**every mind
matters**

Public Health England's 'Every Mind Matters' campaign has recently launched; the campaign aims to support everyone to feel more confident in taking action to look after their mental health and wellbeing by promoting a range of self-care actions.

One key aspect of this campaign is the "Your Mind Plan" which is the NHS-approved online tool – information on how to use the online tool and to embed it onto your website can be found [here](#).

Time to Change:

Teachers and Youth Practitioners Training Session

This training is aimed at staff working with young people that are aged 11-18 years and included information about mental health problems and issues affecting young people.

For more information and how to register [click here](#).

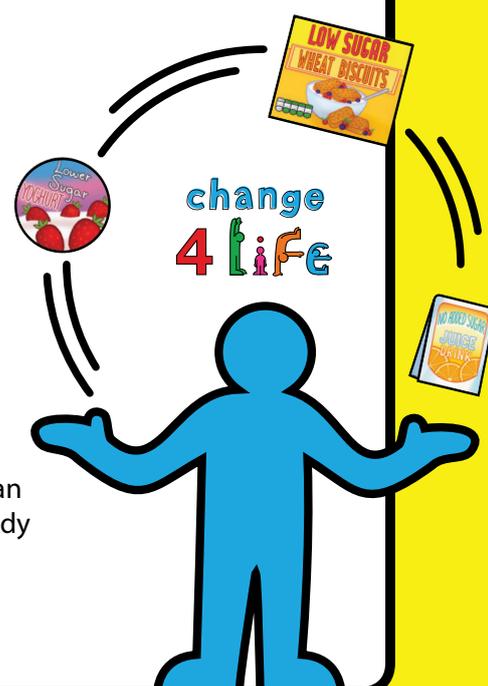
Change4Life Nutrition Campaign

Public Health England has re-launched the Change4Life (C4L) nutrition campaign to build on the success of the sugar swaps campaign earlier this year. The aim of the campaign is to encourage parents to reduce their children's sugar intake by swapping to healthier food and drink options.

Supermarkets and manufacturers are supporting the campaign by highlighting healthier options and many will be using a new Change4Life 'good choice' badge in-store and in their own advertising and communications.

The free Change4Life 'Food Scanner' app brings food labels to life and can be downloaded for free from the App store or Google Play and has already been used by more than 4 million people to scan millions of products.

[More information can be found here.](#)



Events coming soon:

Safer Provision and Caring Excellence (SPACE) Programme

The SPACE programme is a care home improvement programme being undertaken in the West Midlands which aims to strengthen safety culture and reduce the incidence of adverse safety events.

Free training events are being planned, across the county:

Worcester 11th Dec (Sixways)

<https://space-qj-worc.eventbrite.co.uk>

Redditch and Bromsgrove 9th Jan
(TBC)

Wyre Forest 21st Jan (The Mercure Hotel, Bewdley)

<https://space-qj-wyreforest.eventbrite.co.uk>

Find out more

Learn more about Alliance Boards via: www.worcestershire.nhs.uk/integrated-care/