



Thursday 19th March 9.30am- 4.30pm

Pregnancy and Birth Outcomes: Challenging Conversations

Around half of pregnant women in Worcestershire are either overweight or obese at booking, over 13% of women still smoke at delivery and over 25% of births are premature. Poor maternal health can contribute to poor maternity outcomes including miscarriage, low birth weight, still births and SIDs.

Frontline staff supporting pregnant women play a key role in influencing lifestyle and healthy pregnancies to improve outcomes for women and their babies, but we all know how challenging those conversations can be.

Join us to learn about the work that is being carried out in Worcestershire to identify gaps and create better systems to support women to make positive steps to improve their maternal health and wellbeing.

The event will be focussing on the how **YOU** can have those challenging conversations that could make a positive difference within your clinical care.

The event is aimed at all professionals involved with the care of pregnant women throughout their antenatal and postnatal care pathways. The event will share progress and future ambitions of a number of LMS priorities including:

- **Smoking**
- **Obesity**
- **Domestic Abuse**
- **Social Prescribing**
- **Mental Health**
- **Alcohol**
- **Pre-conception Health**
- **Breastfeeding**
- **Challenging Conversations**
- **Early Help**



The event will be held at the Charles Hastings Education centre, Worcester.

Tea and Coffee will be provided.

To book your place please contact Lesley.andrews6@nhs.net or 01905

733345 Spaces will be allocated on a first come first served basis